



# Meeting the Dentist

What happens when the  
dentist visits school or clinic

Sometimes the **dentist** comes to **school** or the **clinic** to help us **care for our teeth**. They might **look at our smile**, **count our teeth**, or **show us how to brush**. The **dentist is there to help**, and it's okay if it feels **new or different.**"

This is what it feels like when I meet the dentist...

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## Adult Notes – Gentle Guidance

- **Friendly check-in**, not a test.
- Dentist is there to **help**.
- Child can share what feels **fun** or **tricky**.
- **It's okay** if it feels new.
- Keep tone **calm** and supportive.