



# Fixing My Tooth

How the dentist repairs  
a tooth with a filling

Sometimes a **tooth** needs fixing if it has a **hole** or feels **sore**. The dentist can use a **special material** called a **filling** to **repair it**. This helps the tooth stay **strong** and stops the hole from **growing**. When it's finished, the tooth can feel **smooth** and **safe** again.

This is what it felt like when my tooth was fixed...

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## Adult Notes – Gentle Guidance

- Fillings are **repairs**, not damage.
- They help teeth stay **strong** and **safe**.
- Child can share **sensations** (smooth, new, different).
- **It's okay** if it felt strange or noisy.
- Focus on a **repaired, stronger tooth**.