



Braces Visual Guide for Children

This guide gently explores what braces and straightening mean, how teeth learn to grow in the right place, and the ways smiles grow strong — with gentle guidance, calm reassurance, soft sparkles, and caring support.

With soft colours, friendly visuals, and clear language, each panel supports emotional regulation, sensory understanding, and relational trust.

If braces feel unfamiliar or seem a little confusing sometimes, this guide is here to help things feel more manageable — **one calm step at a time.**

Questions You Might Have

Why do teeth need braces?

Sometimes teeth need extra help to grow in the right place. Braces or other gentle tools can guide teeth so they line up neatly.

What will braces feel like?

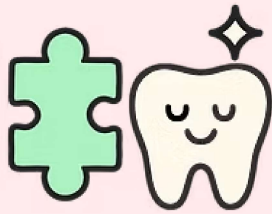
It might feel a bit different at first, but teeth are learning their best place. The feeling becomes more comfortable as you get used to them.

What other tools can help straighten teeth?

Other gentle tools, like retainers or clear aligners, can also guide teeth. Dentists choose the right option to help each smile grow strong.

Find more calm guides at www.feelingvisible.com

What's Inside Braces



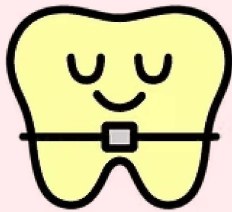
A sensory-safe guide to how they look, feel, and help your smile.

Why Teeth Need Help



Sometimes teeth need extra help and gentle guidance to grow in the right place.

Braces & Tools



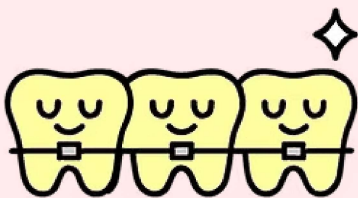
Braces or other gentle tools can guide teeth so they line up neatly.

How It Feels



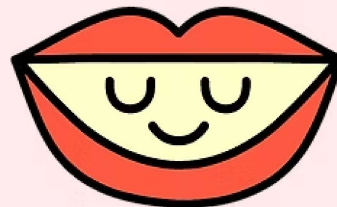
It might feel a bit different at first, but teeth are learning their best place.

Finding Their Place



Braces help teeth find their best place so my smile can grow strong and healthy.

Growing Strong Together



With gentle help, my teeth can grow straight, healthy, and strong.