



Wobbly Teeth

How baby teeth make
space for adult teeth

Baby teeth sometimes get **wobbly** and **fall out**. This makes space for **new teeth** to **grow in**. The new teeth are **stronger** and help me **eat** and **smile** as I get **bigger**. It's okay if it feels **funny** — it means my **smile** is **growing** too.

This is what it felt like when my new teeth grew in...

Adult Notes – Gentle Guidance

- Wobbly teeth are part of **growing**, not a problem.
- New teeth are **stronger** and help as kids **grow**.
- Child can share **sensations** (wobbly, funny, exciting).
- **It's okay** if it feels strange or slow.
- Focus on **growth** and **positive change**.