

Toilet Paper Visual Guide for Children

This guide gently explores what toilet paper is, how it's made, and what might be added — like fibres, water, or occasional additives.

With **soft colours**, **friendly visuals**, and **clear language**, each panel supports **emotional regulation**, **sensory understanding**, and **relational trust**.

If toilet paper feels unfamiliar or seems a little different sometimes, this guide is here to help things feel more manageable — **one calm panel at a time**.

Questions You Might Have

What is toilet paper made from?

Toilet paper is made from soft fibres, usually from trees or recycled paper. These fibres are processed to create the soft, absorbent product we use daily.

How is toilet paper processed?

Water is used to soften and clean the fibres before they're pressed and dried. This process creates the soft, layered sheets that make up toilet paper rolls.

How do I choose toilet paper for sensitive skin?

Look for unscented, additive free toilet paper without lotions or dyes. Softer, hypoallergenic options are available for people with sensitivities or skin conditions.

What's Inside Toilet Paper



A sensory-safe guide to fibres, processing, additives, and recycled choices.

Made from Soft Fibres



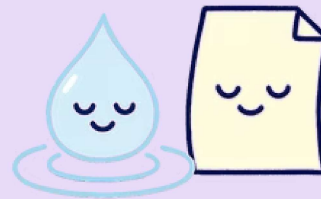
Toilet paper is made from soft fibres, usually from trees or recycled paper.

Pulp Source



The fibres come from wood pulp or recycled paper, depending on the brand.

Water & Processing



Water is used to soften & clean the fibres before they're pressed & dried.

Additives (Sometimes)



Some toilet paper includes lotions, or bleaching agents to change texture or colour.

Recycled or Not?



Recycled toilet paper uses fewer new resources — check the label to find out.