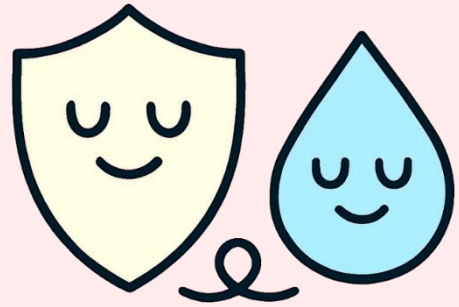


## What's Inside Protecting My Teeth



A sensory-safe guide to how sealants & fluoride help teeth sparkle & stay safe.

## Shields & Varnish



Sometimes the dentist uses shields or varnish to keep teeth safe & strong.

## Tiny Covers



Sealants are tiny covers that stop food from sticking to the chewing surface.

## Gentle Varnish



Fluoride is a gentle varnish that helps teeth stay strong and healthy.

## How It Helps



Sealants and fluoride work together to keep teeth sparkly and safe.

## Sparkle & Safety



These are ways the dentist helps my smile sparkle and stay safe.