



# Tooth Goodbyes

When a tooth is taken out

**Sometimes a tooth** needs to be taken out if it's **sore** or not **growing well**. The dentist helps the **tooth say goodbye** in a **safe way**. It might feel a bit **different**, but my **mouth** can stay **healthy**. Saying goodbye makes space for my **smile** to stay **strong**.

This is what it felt like when I said goodbye to a tooth...

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## Adult Notes – Gentle Guidance

- Explain as “**saying goodbye**”, not loss or pain.
- Process is **safe** and keeps their mouth **healthy**.
- Child can share **sensations** (different, lighter, strange).
- **It's okay** if it felt new or difficult.
- Focus on **health** and **strength** after.