



This Website Visual Guide for Children

This guide gently explores how everyday tools can support invisible needs, why they matter, and how they help children feel safe — with smiling hearts, calm shields, quiet rainbows, and sparkles of care.

With **soft colours**, **friendly icons**, and **clear language**, each panel supports **emotional regulation**, **sensory understanding**, and **relational trust**.

If invisible needs feel unfamiliar or a little confusing sometimes, this website is here to help things feel more manageable — **one calm panel at a time**.

Questions You Might Have

What's inside this website?

This website is a sensory-safe guide. It offers gentle tools for everyday life online, helping invisible needs feel visible.

Do I need to use words here?

No — you can point, tap, or show. The guides work in quiet ways too, without needing speech.

When can I use the guides?

You can use them at home or at school. They help in small, everyday moments, bringing comfort and support.

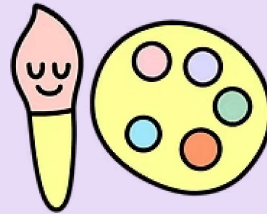
Find more calm guides at www.feelingvisible.com

What's Inside This Website



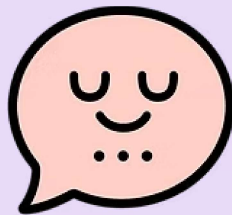
A sensory-safe guide to gentle tools that help make invisible needs visible.

Feeling Safe



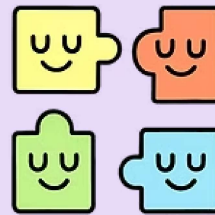
The pages use soft colours and friendly icons, designed to feel calm and kind.

No Words Needed



You don't need words here. You can point, tap, or show. The guides work quietly too.

All Brains Welcome



We celebrate differences. For autistic and ADHD kids. Helps everyone feel proud.

Real-Life Voices



These tools come from real life. Shaped by families. Made with care and trust.

Help Every Day



Use the guides at home. Use them at school. They help in small, everyday moments.